



## Singh makes it a perfect dozen



**C**ringlesford's Ishan Singh (pictured) became the first summer's centurion of 2015 and the twelfth of all time. He joins an extremely select group who have achieved three figure scores in The League's nine year history. Ten of these cricketers were playing at U15 or U17 level when they reached this milestone but both Dan Taylor of Garboldisham and Tas' Joel Howard completed the feat while still U13, Howard notable for being the only player to have scored two centuries in the competition.

[See all League Roll of Honour Entries here](#)

- 125no U15 Vivek Sharma (Gt.Melton) v Bunwell 2009
- 113no U17 Daniel Weber (Mattishall) v Saham Toney 2012
- 111 U13 Joel Howard (H'sett & Tas Valley) v Mulbarton 2009
- 109no U15 Thomas Osborn of Mulbarton v Garboldisham 2014
- 108no U15 Matt Thompson (Gt.Ellingham) v Hardingham 2012
- 108 U15 Ishan Singh of Cringlesford Lodge v Mulbarton 2015
- 106no U15 Joey Greenslade (Gt.Melton) v Garboldisham 2013
- 103no U17 Jack Grant (Mattishall) v Mulbarton 2011
- 102no U17 Benjamin Spinks (Diss) v Old Buckenham 2011
- 100no U13 D.Taylor (Garboldisham) v Tas Valley 2010
- 100no U15 Ben Carding (Gt.Melton) v Tas Valley 2013
- 100 U15 Joel Howard (Tas Valley) v Belton 2011



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## RULES

There is still confusion among some regarding no result games, particularly those when one team or another has been unable to raise a side and has had to cancel the match altogether. Please note though that defaulting clubs do not have the option or authority to concede the game and hand opponents their points from the cancelled match. Such fixtures will almost always be flagged as a no result with no benefit allocated to either team. The League does, however, reserve the right to impose penalties in certain circumstances - such an action to be considered only after representations from both clubs concerned.

[See all League rules here.](#)



**I**t's never too early

to register for this winter's U13 zipleague competition which will be limited to a maximum of ten teams. Although the season does not start until November, pressure on indoor hall space at this time of year means that arrangements need to be made well in advance. The League is keen to encourage school participation in this competition but priority will be afforded to clubs who have played previously. Please notify your interest in this year's season [here](#). Full details can be found on the website.



**Yes** - what else could it be but The League's annual plaintive appeal for more photographs?

In these days of instant communication and the dominance of social networking by our youth, the amount we receive is simply not good enough. Imagine a newspaper without any pictures? So let's build a bit of buzz around the game and keep it alive for future generations. So please...more photos which should be sent uncompressed to us here at [norfolkyouthcricket@yahoo.co.uk](mailto:norfolkyouthcricket@yahoo.co.uk)

## RESULTS

The submission of results has improved this year, often being entered on the same evening. This enables them to be posted immediately on The League's Facebook page which currently receives over 1000 views per week. Please try to include a match report, no matter how brief, and if you're posting one (or a photo) on your club's website, don't forget to include us too.

**As competitive cricket** disappears from state schools, never to return, clubs must now shoulder the whole responsibility of attracting new blood into the game and it is the huge band of volunteers that make this possible. The future of the sport is in your hands. Thank you all for your tireless contribution in enabling our wonderful game to continue inspiring new cricketers.

## Colin's view



pride and identity, reduces the risk of anxiety, social isolation and depression, is good for your health and even reduces mortality rates and lessen symptoms of chronic pain or heart disease?" A holiday on the beach perhaps? Early retirement maybe? A fulfilling relationship or even possibly calm meditation? Well probably all of these will do the trick, but the author of the first sentence was actually talking about volunteering and the enormously positive benefits this can bring to all individuals. And I thought, yes, he is absolutely right. It's the same reason some choose to build a model of the Eiffel Tower from 10,000 used matchsticks, grow the world's longest runner bean or, as reported recently, record in detail the location, severity and timing of every sneeze over the last ten years? They do it because they love it and it has a positive effect on their wellbeing. Volunteering's like that. If you're not already a convert, why not give it a try.

"What is it that boosts your confidence, self-esteem, and life satisfaction, gives you a sense of

